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**HELEN
TOMWEST**
MINISTRIES

THE TRUTH SERIES

FIRST EDITION

THE ACTIVATION OF MIRACLES

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HELEN TOMWEST

ACKNOWLEDGMENTS

My utmost appreciation goes to God for the success of the publication of this magazine and the progress Helen Tomwest Ministry has made so far.

I want to thank my parents for their unceasing encouragement to always do God's will and I am grateful to my siblings especially my sister who is always there to give me Godly advice.

God bless you all.

My special thanksgiving goes to my spiritual father for standing by me and preparing me for God's will.

I pray God in his infinite mercy abide with you and continue to strengthen you in His vineyard.

Amen.

INTRODUCTION

THE TRUTH SERIES is a spiritual,
inspirational and educative magazine;

a product of the

Helen Tomwest Ministry.

It is a seasonal magazine that would be produced
quarterly for the proclamation of God's words.

This edition of The Truth Series titled:

'THE ACTIVATION OF MIRACLES'

is centered on the manifestation
and divination of God.

We are called to learn and process how God's
deeds are designed to work in our lives
as children of God.

We will absorb how to trigger and take
responsibility for our proceeding miracles,
through the word of
God and to the exaltation of His name.

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01

OBJECT & SUBJECT IN MIRACLE

“Your Heart Activates Your Miracles”
-Helen Tomwest



A miracle is a trait of the hand of God on a person. For a miracle to be performed there must be a subject – which is God. The miracle of God can only be aligned to a living thing; a person must have a soul for a miracle to take place in his/her life.

The creation of heaven and earth is not a miracle but the manifestation of God's glory and power makes miracles associate with living things. You must be a living creature of God for a miracle to be performed in your life. Whether a person dies or not, as long as he has a body and a soul, then he is God's creature.

“*Every miracle has to do with the creation of God*”
-Helen Tomwest

In the beginning, there was water and God separated the water and the land and God called it 'earth'. God made the heavens with water as the firmament, (the cloud). During the wedding at Canaan, Jesus turned water into wine – this was the first miracle that Jesus Christ performed.

To perform a miracle, Jesus needed the creation of the power of God, which is the manifestation of God (the HOLY SPIRIT). This means that for a miracle to be achieved, one needs a creature and the spirit of God (the SUBJECT).

According to Wikipedia, 'an object is a collection of matter'. In Physics, an object is an identifiable collection of matter, and the matter is anything that has weight and occupies space. Therefore, you will discover that the human body has internal and external parts, which are the physical and spiritual aspects of the human. Every human has a soul, which is the mind of a person. The soul is the abstract part, and can also be called the spiritual part of the body.

For God to perform a miracle, he needs the object (the body, which houses both the spiritual and physical features), and the subject (the spirit of God).

In order to make a man a living soul, there was a manifestation of God's power and glory upon the object to bring forth a MIRACLE; a miracle, which is a man.

Prayer Points

- I dismiss and disband from my heart every thought, image, or picture of unbelief that may hinder the answers to my prayers, in the name of Jesus.
- I reject every spirit of doubt, fear, and discouragement, in the name of Jesus.
- I cancel all forms delays to the manifestations of my miracles, in the name of Jesus.
- I release the angels of the Lord to roll away every stone of hindrance to the manifestation of my breakthroughs, in the name of Jesus.
- Lord, hasten your word to perform miracles in every department of my life.
- Lord, avenge me of my adversaries speedily, in Jesus 'name.
- I refuse to agree that my situation is impossible in the name of Jesus.
- Lord, I desire breakthroughs concerning the issues of my life (mention them) in Jesus' name.
- Lord, show me that you are the God of impossibilities; grant me an impossible miracle today in the name of Jesus.
- Lord, grant me my heart desires this month in the name of Jesus
- I declare today that all my past defeats, be converted to victory, in the name of Jesus.
- O Lord, make my life a terror to the enemy in Jesus name
- Let my hands begin to break every hold of the enemy in every area of my life, in the name of Jesus.

- Devil, I declare you publicly disgraced in my life, in Jesus' name.
- Let the fire of God begin to destroy every evil imagination against any department of my life, in the name of Jesus.
- Let all evil imaginations fashioned against my life return back to the sender with interest, in the name of Jesus.
- Lord, expose and disgrace all the devices of Satan against my life through any source and at any time in Jesus' name.
- I forsake all personal sin that has given ground to the enemy in my life, in the name of Jesus.
- I reclaim all the ground I have lost to the enemy, in Jesus' name.
- I apply the power in the name and the blood of Jesus to my situation now, in the name of Jesus.
- I apply the blood and the name of Jesus to remove all forms of evil oppression in my life, in the name of Jesus.
- By your mighty hand O Lord, I break the binding effect of anything evil ever put upon me from any source, in the name of Jesus.
- I bind all enemy spirits that oppress me and remove them from my life, in the name of Jesus.
- I command the power of the enemy working against my advancement to be terminated now, in the name of Jesus.
- O Lord, let my hands be trained for spiritual warfare and cause my enemies to flee before me in Jesus' name.
- I expose all enemies of my destiny operating against my life, in the name of Jesus.

- I separate myself from Satan and any strange power, in Jesus' name.
- I remove the right of any strange powers to afflict me and I proclaim their judgments under the hand of God, in Jesus' name.
- I weaken the power of any strange power fashioned against me with the blood of Jesus shed on the cross at Calvary, in the name of Jesus.
- I break all bondage of inherited sickness in my life, in the name of Jesus.



02

PART 1: THE HEART & MIRACLE

— The Subject —



The subject here is the totality of God's foreseen Glory, Honor, Power, and Blessings, which are found in the HOLY SPIRIT. The Holy Spirit is the manifestation of the divination of God because; he is the complete authority

of God. He is the third member of the trinity (*God the Father, God the Son, and God the Holy Spirit*). For the spirit of God to manifest, it needs the approval of the 'HEART' - the mind of God Jesus Christ which is the second member of the trinity (God the Son).

The Bible records in the book of Matthew 12:34, ***“You blood of viper, how can you speak good things, when you are evil for out of the abundance of the heart the mouth speaks”***; Proverbs 4:23, ***“Keep your heart with all vigilance, for from it flow the springs of life”***. More verses that classify the heart are Proverbs 10:11, Psalm 14:1, Proverb 21; 2, Proverbs 24:12, Ezekiel 11:21, and Luke 6:45.

In the above texts, the truth is brought forth about the heart being the object of manifesting, the subject for the soul (mind), which is centered on the heart. This activates the rivers of life which is the Spirit of God. Revelation 22:1 says: ***“And he showed me a pure river of water, clear as crystal, proceeding from the throne of God and the lamb, this river of life”***. John pronounced in *Revelation 22:1* is the spirit of God and it is clear crystal, showing how the spirit of God is holy. No awareness in him and he is there. For life is what comes to water every creature to have life. For no man can live without water because it is the source of life and that is why it is known as the river of life. Jesus also describes the spirit of God as everlasting life, when you drink of it. Jesus told the Samaritan woman, that he would give her water and she would no longer thirst. John 4:13 says, ***“Jesus answered, Everyone who drinks this water will not be thirsty again but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water, welling up to eternal life”***. The spirit of God is what gives life to objects because he is the subject and that is what brings forth a miracle.

For a miracle to be done the Spirit of God needs to be present because He is the completeness of every creation, he makes true creation to have life. A person can create a thing but what makes that thing visible for everyone

(creativity) to satisfy his needs also. We, as humans are known as the creation of God, and the gifts embedded in us are recognized as miracles. You did not learn to mold pot; it is a gift from the original potter, which is God.

Some souls are restored with a TV voice, just like the time of Saul. Saul needed the gift of David to calm his problem soul, (*1 Samuel 16:14 -23*) that is known as an earthly miracle (physical miracle). The Bible records in Exodus 28:3, ***“Tell all the skilled workers to whom I have given wisdom in such matters, that they are to make garments for Aaron, for his consecration, so he may serve me as a priest”***; Deuteronomy 8:18 also says, ***“But remember the Lord your God, for it is he who gives your ability to produce wealth, and so confirm his covenant which he serves to your ancestors, as it is today”***.

There is power in wisdom and wisdom is power. The creation of wealth is the power of wisdom (which is a gift from God) known as a miracle because not everyone has the power to create wealth. There are few people with the gift of wealth; you also get to see why there are these kinds of people in the society - the poor, the average, and the rich. It takes the gift of wealth to create wealth. Some are given the wisdom to create wealth which is power itself. The power gift comes with power and that is a miracle. The doctors are given wisdom (power) as a gift to save lives Most doctors studied medicine but it takes a naturally gifted doctor, added with the knowledge to save a life; not all doctors can save a life. That is why each doctor has a special field he/she is in.

to see not just to see but to be impacted by that thing is the manifestation of the glory and power of God; **the Holy Spirit.**

If Architect draws a house, it is done through the spiritual aspect of him (the soul /mind), but what brings this drawing to life are the builders (the physical aspect), who are gifted with wisdom to put his drawing to life to become a miracle. The spiritual aspect of miracle comes with the Spirit of God and that is only done when is beyond the physical.

PART 2: THE TYPES OF MIRACLE

The types of miracle are two;

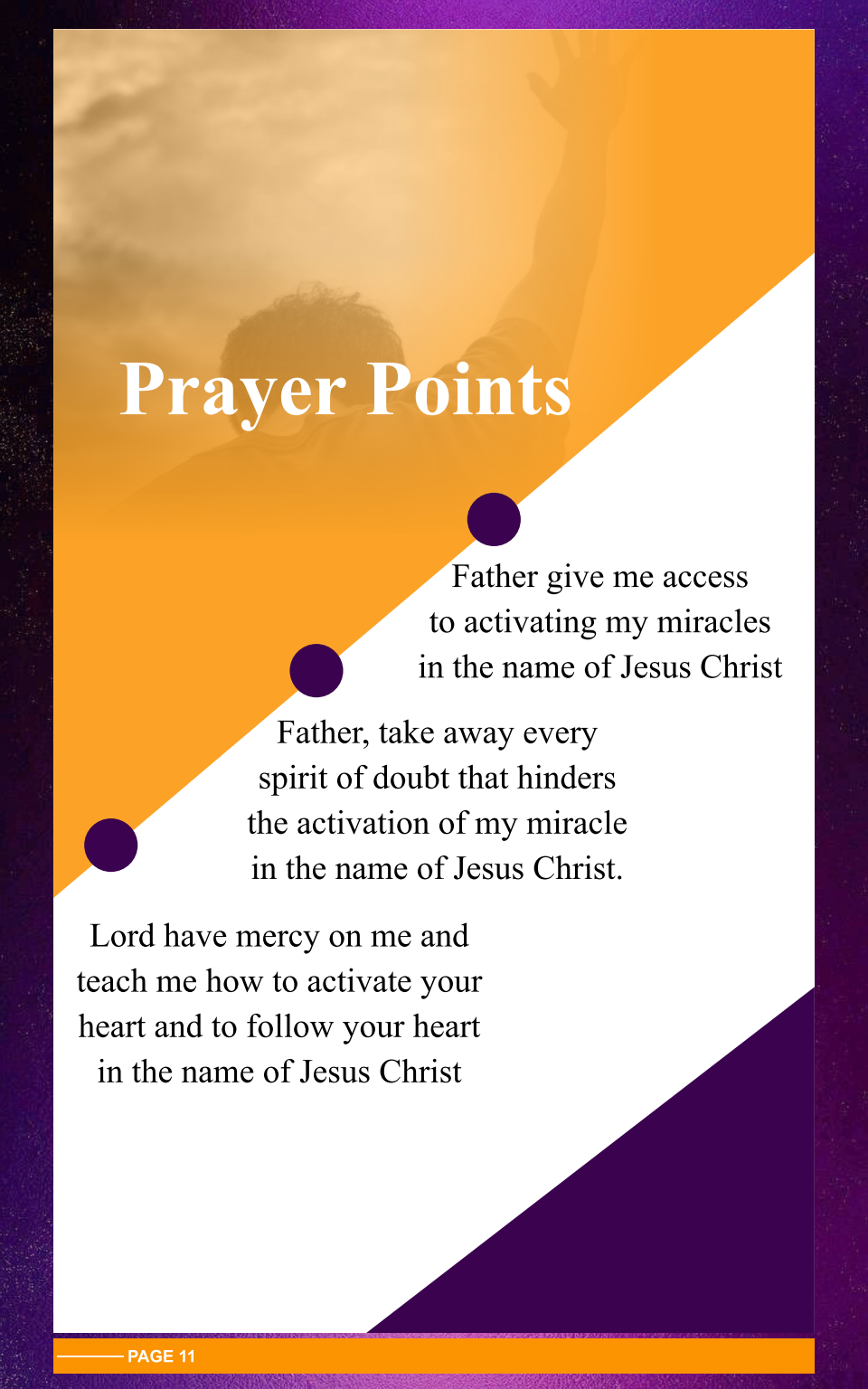
- The earthly miracles and
- The heavenly miracles

The Earthly Miracles: These are earth or physical bound manifestation results from human knowledge and wisdom positioned in the mind. God has given every creation a mind of his own, which is the power of choice and awareness to impact the world and one another. God gives talents and gifts to every creation - which is identified as 'individual wisdom'. A person with the gift of molding pots is a potter. He has to produce pots or ceramics of different designs and different forms (cups, plates, pots, etc.) for people's needs. Likewise, the potter needs to access other people's wisdom

For instance, the midwives are naturally gifted with the power of wisdom to bring forth a baby from a woman in labor. Whatever that is beyond the earthly miracle is known as the trachea.

The Heavenly Miracles: Heavenly miracle is also known as a spiritual miracle. This is beyond human reach but can only be found in God because He is heaven himself. God does not do little things but great and mighty things. The Bible records in Jeremiah 33.3; ***“Call to me, and I will answer you, and show you great and mighty things which you do not know”*** - this implies that only God can do great and mighty things. It is beyond human ability. A human can try, through the Spirit of God. You have to have the Holy spirited embedded in you to perform a heavenly miracle.

The division of the red sea during the time of Moses and the Israelites is a heavenly miracle that can only be achieved through the Spirit of God. The performance of miracle through the Holy Spirit is like a wand attached to everyone that desires the Spirit of God because God does not force Himself on anyone. ***“He said, ask and it shall be given you, seek and you shall find, knock and it shall be opened unto you”*** - Matthew 7:7. He said he will pour out his spirit on all flesh people, your sons and daughters will prophesy, your young men will see visions, and your old men will dream. A dream from God makes all things possible and that can only be, through his spirit, the absolute power and authority of God himself.



Prayer Points

Father give me access
to activating my miracles
in the name of Jesus Christ

Father, take away every
spirit of doubt that hinders
the activation of my miracle
in the name of Jesus Christ.

Lord have mercy on me and
teach me how to activate your
heart and to follow your heart
in the name of Jesus Christ

CHAPTER

ACTIVATION OF HEAVENLY MIRACLES AS CREATIONS (HUMANS)

The Bible records in 1 Corinthians 3: 16; *“we are a temple of God (our body) and God's Spirit dwells in us”*. To activate miracle in our lives, especially heavenly miracle beyond man's power, we need the spirit of God which is the manifestation of the power of God (wisdom)

The Spirit of God comes and dwells in our soul (mind) which centers in the hearts to complete us to have dominion and power and wisdom to overcome and to activate miracles. For no miracle can be performed without God in our hearts. God is the center of your mind/soul and that aspect must activate what is known as 'faith' to a manifest miracle.

In the first chapter of this book, I made mention of two aspects of miracle: Object and Subject - The mind is the object which is your heart and the Spirit of God is the subject that manifests the desires of the heart. Your heart should be focused on what you want and believe in getting it then you can activate the realm of accessing miracles. There are rules of accessing 'the



realm of miracles'; and only those who follow these rules can access miracles. A loud being comes out of the heart to cry out of you, and that can only be done through deep intense belief of what the father can.

If you believe in the Father's heart which is His Son, Jesus Christ, then you have accessed the father to manifest His desires. Your heart is the most vital aspect of activating your miracles. The heart must go deep into purity but it takes a believer of God to have a pure heart on God's work.



Work on your heart and play like you have no worries putting in mind that the trinity (the Father, Son, and Holy Spirit) is the foundation of the wings you play on,”

-Helen Tomwest

PRAYER POINTS

- Dear Lord, I have come to know of the truth. For you are the truth, let your name be exalted for bringing me out of the darkness in the name of Jesus Christ.
- Father, give me direction to activate the realm of miracles in the name of Jesus Christ.
- Oh Lord, let your mercy guide me on how to have a relationship with you that will lead to fellowship in the name of Jesus Christ.

- I activate my ear to hear the voice of God when he speaks to me in the name of Jesus Christ.
- Lord, teach me how to fellowship with you and follow all your directions in the name of Jesus Christ.



CHAPTER

PART 1: HOW TO BUILD A RELATIONSHIP WITH GOD

“

A relationship with God is beyond religious activities but a one-on-one bonding with God is what makes you access the promises of God.”

-Helen Tomwest

A relationship with God allows you to know the truth and be set free. Without having a relationship with someone, you cannot know the plans or thoughts of that person towards you. A relationship with God exposes the true intentions of God towards you and when you know those intentions, you will know your place in God. Most times, people do not know how to access a whole lot of things promised by God because they don't know that, no one can get anything from anyone one does not know. Nobody can give you all their assets or properties to handle without knowing you. God needs to trust you and that can be established through a relationship with Him. Through a relationship with God, He gets to know your intentions and your loyalty towards Him, to let out all His blessings to you.

(spirituality and physicality). For everything to work in the original plans of God for you, to love your neighbor, you must first love God and for you to have a relationship with God, you must first love God. Anyone who does not love God would not find interest in building a relationship with God.

For instance, in the relationship of a man and a woman - a man sees a lady he finds interest in and get to know little things about her - like her name and where she is from; this is because he wants to know about who interest him or excites him or cause a tingle in his heart. In this aspect, there must be an interest; and a rising of feelings towards that person to motivate you to want to know that person. If you don't find interest in things of God or God Himself, you will never be motivated or passionate about God. Christianity is having the Christ kind of life, not a tradition. The tradition is going to church every Sunday, listening to the man of God, and sometimes jotting down teachings that you will not go back to read (you become a hearer and not a doer). Therefore, it becomes a tradition and not Christianity. If you are the traditionalist, then you only love God with your mouth and not with your ways. The Bible records in John 14:6, ***“Jesus answered, I am the way and the truth and life, no one comes to the Father except through me”*** Christianity is gotten from the word 'Christ' which means: the Christ kind of life, the way of Christ. And because he is the way, if you follow him, you get hold of the truth and

A relationship with God activating the mind of God – Jeremiah 29:11; ***“For I know the plans I have for you, declares the Lord, are plans to prosper you and not to harm you; plans to give you hope and a future”***. The process of bonding through a relationship gives you the privilege to know the mind of God. The mind of God houses your purpose and the assignments of your destiny. It is not all about, 'I believe in Jesus Christ but do you follow His ways most times? You wear the image of Jesus on your neck as your necklace but the one you are wearing becomes in vain because you don't follow the one behind the image. There is something behind the image of Jesus Christ and that is the mind of God also known as the soul or heart of God.

The mind of God came in human flesh to teach you His mind and how you can activate His Spirit (the Holy Spirit). The mind of God is pure and beautiful and full of love and that is why when he came as the body he taught about the first command in Matthew 22:36-40 ***“Teacher, which is the greatest commandment in the law? Jesus replied, Love the Lord with all your heart and with all your soul and with your entire mind. This is the first and greatest commandment. And the second is, love your neighbor as yourself also. The law and the prophets hang on these two commandments”***. The above passage explains two aspects of love. For it was because of love, God came on earth to die for the world, to reconcile heaven and earth

when you know the truth, you have everlasting life and never perish.

The truth is what sustains life and anyone who does not know the truth will perish because they do not believe in Jesus Christ, the mind of God. This means you do not believe in God's love and if you don't believe in God's love, then you cannot access the Father and the manifestations of the Father (the Holy Spirit). Most times, you will study all the verses of the bible and have them in your memory but you cannot access the spirituality about the verses in your memory, because you feel the word of God is useless for you. The word of God is light unto your path, it takes a relationship with God to manifest that spirit in you, to light up your path, and that you may see through the darkness.

In a relationship with God, God speaks to you in your language. The way he speaks to me will be different from how he will speak to you. Everyone calls God the way he proves Himself to you or how He appears to you through a relationship. The bible records in Jeremiah 33:3 — ***“Call unto me, I will answer you and I will show you great and mighty things that you do not know”***. This implies that he will show you a different aspect of him according to your capacity to assimilate what he will show you; according to your purpose. God shows you what you need in your journey. Revelation is like fuel to your journey and you can receive revelation through constant bonding with Spirit because God is a Spirit.



Your constant bonding with the Spirit of God is what builds your spirituality and activates your revelations.

A relationship with God builds the spiritual aspect of you. For one to be spiritually inclined, he must kill himself of the fleshy desires and allow the Spirit of God to penetrate through his soul and mind. A relationship with God takes you higher than the physical realm into the spiritual realm – which is above principalities and power, and the urge of the flesh. Your real deliverance and sustenance of testimony come from a relationship with God; your protection, your life comes from a relationship with God and that is why without God, you will be toiled by the devil and be destroyed by the people he uses. The devil uses people because he is a spirit. If the devil attacks you in the spiritual realm and you win, he will come in the physical realm using human and contend with you, and that is why you always need the Spirit of God to overcome because the Bible says in Zechariah 4:6 – *“So he said to me, this is the word of the Lord to Zerubbabel, Not by might not by power but by my spirit, says the Lord Almighty”*.

(spirituality and physicality). For everything to work in the original plans of God for you, to love your neighbor, you must first love God and for you to have a relationship with God, you must first love God. Anyone who does not love God would not find interest in building a relationship with God.

For instance, in the relationship of a man and a woman - a man sees a lady he finds interest in and get to know little things about her - like her name and where she is from; this is because he wants to know about who interest him or excites him or cause a tingle in his heart. In this aspect, there must be an interest; and a rising of feelings towards that person to motivate you to want to know that person. If you don't find interest in things of God or God Himself, you will never be motivated or passionate about God. Christianity is having the Christ kind of life, not a tradition. The tradition is going to church every Sunday, listening to the man of God, and sometimes jotting down teachings that you will not go back to read (you become a hearer and not a doer). Therefore, it becomes a tradition and not Christianity. If you are the traditionalist, then you only love God with your mouth and not with your ways. The Bible records in John 14:6, ***“Jesus answered, I am the way and the truth and life, no one comes to the Father except through me”*** Christianity is gotten from the word 'Christ' which means: the Christ kind of life, the way of Christ. And because he is the way, if you follow him, you get hold of the truth and

PART 2:

THE PROCESS OF BUILDING A RELATIONSHIP WITH GOD

The steps to building a relationship with God are;

1.DESIRE: The first step is your desire to know God. Your desires become your goals and your goals become your passion and passion for God is what builds a relationship. God is looking for those who are passionate about him and that alone are the activation of oneness between God and man. The Lord searches the heart of men and that is why no one can deceive him. He knows when you are deceiving him. He knows when you are truly ready to give up or sacrifice all for him. No one loves it when a person can't approve his/her love with a sacrifice because love is sacrifice. You must desire to know more than what you know - your love for God activates that desires for him. A desire that consists of urge and desperation to who you love.

Love is the starting point to your desire to know someone better; it is a feeling that moves the actions to find out about a person because you don't want to have a relationship with someone you don't know. You get to know someone to trust your heart in the hands of that person, without the fear of your heart being destroyed or broken. You also get to know a person to know his weak points; how to make him happy; and what to do to please him. You cannot please someone you don't know anything about.

If you know things about God, you can please Him; if you know things about God, you can make him grant your heart desires.

A relationship is on benefits and a relationship with God is like a symbolized relationship - each party gets to benefit from each other. Most



people don't know the truth about how to activate their miracle - *BE A FRIEND OF GOD*. You cannot be afraid of God when you don't know Him. You become God's people when you know Him and follow His ways and commandments. The commandments of God are codes and conducts, laws on how to be in a relationship with God. Anyone who obeys God's laws has shown that he is ready to do anything out of love for God; he believes in His rules. God wants people who can believe in Him, it takes a true believer to follow His laws and commandments. If you believe in someone you will follow the pattern of that person and follow the rules guiding that person, to keep being friends with him.

2.DETERMINATION: The determination to know God. One must be determined in his heart to follow God. Following God can only be achievable through determination. The sins of flesh can be so tempting, but you can overcome the first stage of sin through '*self-determination*' ('Heaven helps those who help themselves'). Determination overcomes sin; helps you to have a strong desire to please God and to have

a relationship with God. It's not going to be easy and that's why determination comes in. You need to have a curious mind about the totality of God; the supremacy of God; and the level you want to attain in God. God loves it when people desire to know Him - not just to know Him but to submit to Him for revelations. But it takes a relationship with God for you to know things about God. God does not want betrayals; he wants people he can trust with great and mighty things. Not like the betrayal of the devil - the devil knew a lot about God and that is why he could create a counterfeit. Out of trust for the devil, there was a rebellion against God. This is one of the gains a friendship with God gives – trust. Because when God becomes your friend, he cannot help but tell you a whole lot of things about Himself and he is careful on who can handle it. Those who pay the price to know God, value every bit of revelations and visions God gives them and they value God Himself. What you don't pay for, you can never value. When you pay the price for a thing, you value it because you know what you had to give up for that thing. Every valuable thing comes with a price, and nothing good comes easy. To be a friend of God, one has to pay a price. God is the Holy of holies and before he can be your friend, you must be qualified in your heart. You might not be qualified in your physical status but the status of your heart qualifies you in God. It becomes like land or street glazed with Gold.

PART 3:

HOW TO KNOW GOD THROUGH THE BIBLE

The word of God (the Bible) is the pound amentia level or aspect of knowing God. The Bible is written by those who knew God and for you to know what they know; before God reveals himself directly to you, you need the Bible to be your guide. The Bible is a trundle of guidelines and the Bible is very spiritual. God is spirit and you must lay hands on anything that can give your insight into spirituality. The word of God is the tangible thing we have to know about God. It leads us to the next phase of knowing more and deeper things called *God's Revelations*. The Bible is the first stage of knowing God through those that encountered him. A person who wants to know God must start from the bottom which is the beginning of creation. How God created the universe and man. You get to dive into the awesome wonders of God.

Knowing God through the word of God (the Bible) is different from opening a portion of the Bible to get encouragement to ease your depression. It is different from getting a portion that erases fear from you.

Maybe you wake up from a bad nightmare or you are the kind that does not sleep alone or feel scared whenever you are left alone, all by yourself in a house, so you tend to use a word from the Bible to take away fear - I tell you the truth, you will continue to look for ease to your pain, like a painkiller that lessens the pain in the body but does not eradicate the pain. You get solutions to every pain and that does not mean that pain will not rise again. Affliction arises the second time because we do not uproot the problem from the root but pampers the problem. The benefits of knowing God give you wisdom about the truth that you might not perish but have everlasting life.

Knowing God allows the Holy Spirit to put the word inside of you - you become the word and out of you will flow the river of life. Becoming the word uproots every problem or stubborn situation in your life. There is power in the Holy Bible. The Bible records that Jesus Christ was the Word of God and the Word became flesh and through the word, all things were made possible. John 1:14; ***“The word became flesh and made his dwelling among us, we have seen his glory, the glory of the only glory who came from the father, full of grace and truth”***. John 1:3; ***“Through him, God made all things”***, not one thing in all creation was made without him.

part of the deal as not relenting in your daily activities of communicating and bonding with God through fasting, he began to manifest in you. Your commitment to the spirit of God is what builds God's commitment to you. It is your choice to make but remember that your commitment to God determines the next phase of your relationship with God.

There are Three Facets to Bond with God

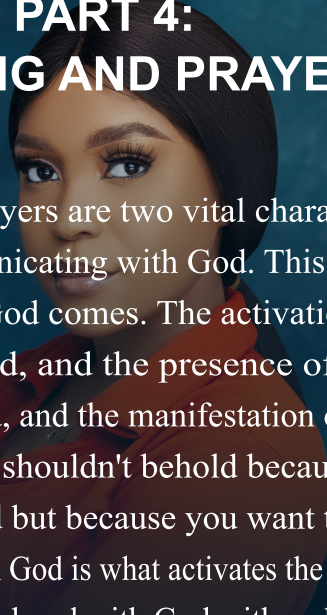
- **Relationship**

- **Fellowship**

- **Partnership**

Your full commitment to a **relationship** would determine if you will move to the next phase in God called **Fellowship**. Every relationship wish to achieve a purpose called forwardness. In the physical relationship you have with someone, you wished to move to the next level called marriage and that is how it is in God. Fellowship with God is like a marriage. The Bible records in 2 Corinthians 13:14; ***“May the grace of the Lord Jesus Christ, and the love of God and the fellowship of the Holy Spirit, be with you all”***. - This Bible chapter is widely used by Christians as a closing prayer. In a marriage, there is something known as benefits. There is closeness between you and the Spirit of God in a fellowship. Fellowship is the second entrance to the second dimension/realm in the spirit or kingdom of God. God does not speak all the time but your consistency activates his voice and words. You must not leave his presence because

PART 4: FASTING AND PRAYER



Fasting and prayers are two vital characteristics of bonding and communicating with God. This is where the main activation of God comes. The activation of God is the presence of God, and the presence of God is the manifestation of God, and the manifestation of God is the Holy Spirit. Fasting shouldn't behold because you want something from God but because you want to bond with God. The bonding with God is what activates the manifestation of God. For anyone to bond with God with a clean and pure heart one needs what is known as '*commitment fasting*'. This builds commitment between the body and spirit. This commitment is what brings about possible actions known as '*manifestation*'. The Spirit of God sequins to manifest his commitments towards you and you in turn show your commitments. Bonding activates a whole lot of experience called **revelations, visions, and love**, which in turn activates all promises of God - **protection, sustenance, provisions**, etc. As a person, when your spiritual bond with God, you also feel committed to him. You can't be without speaking to him; being in his presence giving him all the worship; when it's time to pray you are always at alert because the Spirit of God wakes you up. He alerts you, showcasing signs of commitment to you. Once you are boosting your

you did not hear his voice, you must be in a mood of humility and when God has a word for you, you will get to know.

Fellowship is an aspect of a deeper bond. A vow has activated a union between you and the Holy Spirit and instructions and directions are given. In the place of fellowship, you ask God anything and get a quick answer or reply. Fellowship is a house that contains man and the Spirit – just like a man and a woman in a house living together, wherever the man is, he is not far from home because he has home in this heart. A man and a woman who lives together share a connection. They are no longer two but one.

In **partnership**, there is togetherness and joint decision-making. Just like in marriage, the man does not make any decision without his woman; also the woman cannot decide without consulting the man. In partnership with God, the body needs to agree with the Spirit of God to do anything. The Spirit of God will not do anything without consulting the body; likewise, the body will not do anything without consulting the Spirit of God. There must be an agreement between the body and the Spirit in every decision. A man has what is known as the power of choice and the man represents the body. The spirit of God will not want to do anything, in a man's body without seeking permission. Through an idea, the spirit of God tells a man what he needs to do to manifest Him (Spirit of God). Every manifestation of the Spirit of God comes with direction from the voice of God to man.

He follows the voice and activates this voice in his heart, through his voice with the Spirit of God, the permission to do what he wants or manifests. When the Spirit of God wants to manifest in another kind of dimension, He tells man what to do through the heart of man, the man then decides to do it or not. If a man does not do it then the Spirit of God cannot do anything. This implies that no one can decide without an agreement; else the contract of partnership becomes void.

There are realms you need to enter that come with direction from the secret place. There must be an agreement; and before man does anything, he asks the Spirit of God. Without the Spirit of God, man cannot manifest. And the Spirit of God also needs a man to manifest - this happens through '**relationship**'.

THE OVERVIEW OF OUR SPIRITUAL MODULES

The school of the spiritual is founded by *Prophetess Helen Tomwest*, through the leading of the Spirit of God. The school is rooted in the spiritual aspect of life, which is the vital and most important aspect of life. The school is a sponsored mentorship program done monthly. There is an online school for people around the globe and Offline School.

The lists of classes are

- i.Spiritual Group
- ii.Training Single Mindsets
- iii.Building Strong Marriage

Interested students are to choose the spiritual group (compulsory) and any other class.

SPIRITUAL GROUP

The spiritual group is based on building a relationship with God. This is for those who do not know how to build a relationship. The essence of this group is to



equip students with the ability to understand who God is and His ways. Knowing God comes through a spiritual encounter called a relationship, and the essence of Christianity is for man to communicate with God. The covenant of the body and spirit established what is known as a relationship, fellowship, and partnership with God. The grace through the blood of Jesus activated mercy for the enablement of a relationship between God and man.

The spiritual group runs classes for those who want to know to build a relationship with God, activate their spiritual life, and activate purpose and their destiny to live a fulfilled life.

TRAINING OF SINGLES MINDSETS

This is the second group mainly for the singles. This class teaches and rehabilitates the mindsets of many singles. Many marriages crumble and go through divorce because before most people go into marriage without rehabilitating their minds. Many singles tend to go into marriage with selfish mindsets and that is why this class is basically to set the minds of singles aspiring for marriage in the right direction.

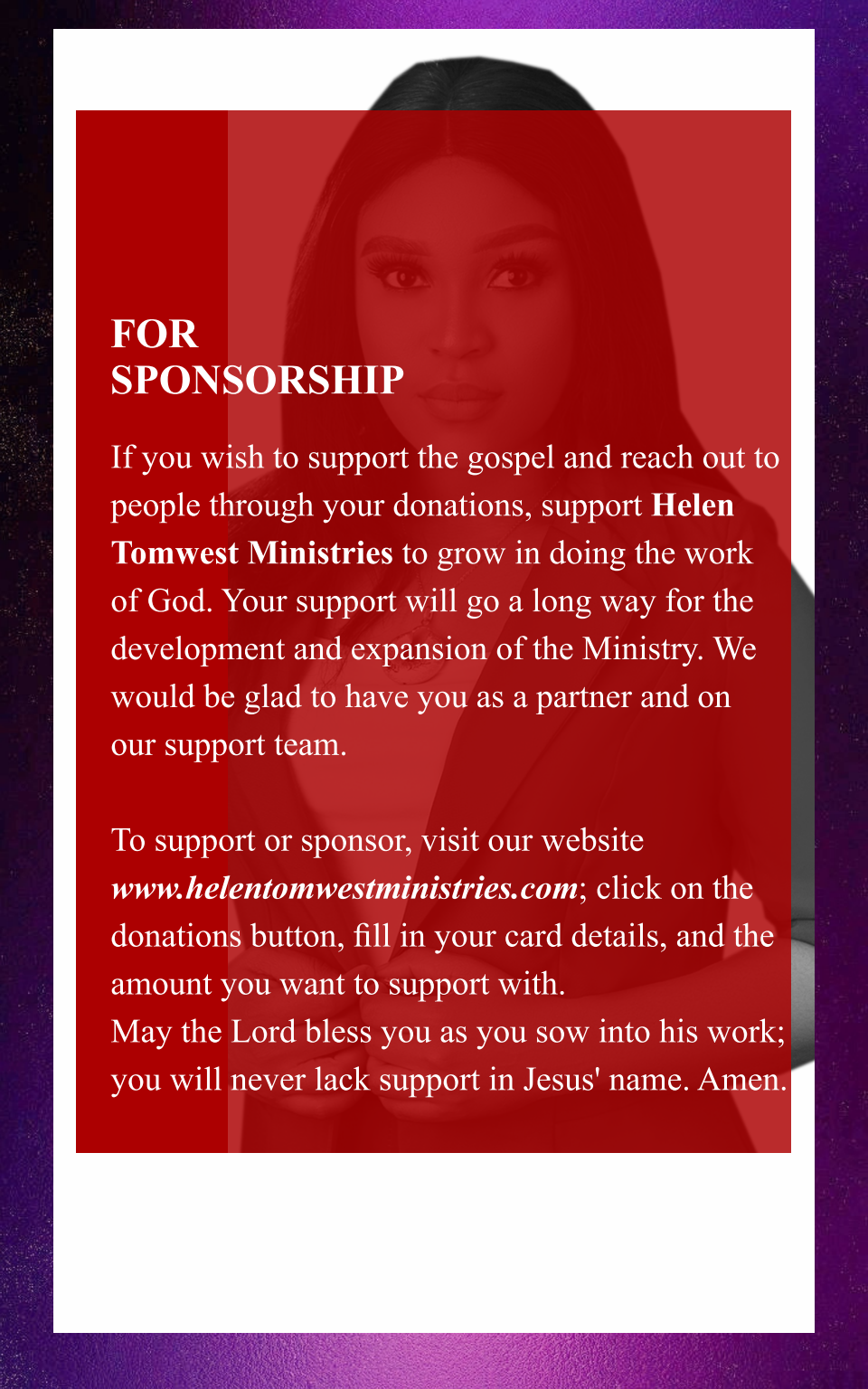
BUILDING OF STRONG MARRIAGE

This group is divided into two: For men and for women who are married. It is a separate group for married people. The essence of this group to teach couples the essence of spiritual and physical facets of life in building a strong marriage. Most couples dwell on only physical and that is why most marriages fail. The result of a satisfying marriage is to balancing and applying both physical and spiritual guidelines - this enhances the growth of the marriage.

EPILOGUE

God loves us - that is why He is always with us. He has spoken to us on how to know Him and love Him. He has shown us how we should be following Him; how to activate our miracles by being in a relationship with Him. God through the Holy Spirit interprets how followership and partnership with Him are essentially in our struggles to be devoted to Him and to be Christians (Christ-Like).

Let us in devotion to the Trinity understand our purposes and continue to fellowship with God and listen to His teachings and commands. Activating your miracles is a personal decision. You can only activate your miracle when you agree with the Spirit of God.



FOR SPONSORSHIP

If you wish to support the gospel and reach out to people through your donations, support **Helen Tomwest Ministries** to grow in doing the work of God. Your support will go a long way for the development and expansion of the Ministry. We would be glad to have you as a partner and on our support team.

To support or sponsor, visit our website ***www.helentomwestministries.com***; click on the donations button, fill in your card details, and the amount you want to support with. May the Lord bless you as you sow into his work; you will never lack support in Jesus' name. Amen.

PROGRAMS INFORMATION

Weekly Programs

Mondays

Night of Prophecies

Time: 6 pm (West Africa Time)

Tuesdays

Questions & Answers Segment

Time: 4pm (W.A.T)

Saturdays

The Mysteries in the Bible

Time: 4pm (W.A.T)

Monthly Program

1st of Every Month

Monthly Birthday Celebration

Time: 6 pm (W.A.T)

Yearly Programs

September

Five Nights of Spiritual Encounter

Time: 12 midnight to 1:30 am (W.A.T)

(30minutes of preaching; 30minutes of questions & answers; and 30minutes of prayer).



BIBLIOGRAPHY

HELEN TOMWEST MINISTRIES

For More Information on the Ministries,

Please Follow us on:

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- **Instagram page:** @Helen Tomwest Ministries
- **YouTube page:** @Helen Tomwest Ministries
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ABOUT THE AUTHOR

Prophetess Helen Tomwest is the President and Leader of Helen Tomwest Ministries, a Global Evangelism Ministry. She is the author of 'Truth Series - inspirational series. She is a dedicated Minister of God's word, whose messages have brought the reality of the spiritual life to the hearts of many.



Millions of people have been affected by her online broadcasts of **THE TRUTH SEGMENT**, which brings God's divine presence right into people's homes. The scope of her online ministry extends throughout the world, with Helen Tomwest Ministries Networks, delivering qualitative of the word of God to a global audience. At the School of the Spiritual, she manifests the supernatural power of the mind of God, who is Jesus Christ, and has helped many received healing in their hearts and body through the act of the gifts of the spirit.

Helen Tomwest has a passion to reach the peoples of the world with God's presence, a divine commission. At the launch of the first edition of this magazine, she has fulfilled so many months and wishes for more years to touch many in various outreaches, crusades, as well as several other platforms that will help many people experience a victorious and purposeful life.